



aetna®



minute clinic
the medical clinic in CVS/pharmacy



Neighborhood wellness services to help you lose weight, stop smoking and more

Want to start working on your health goals? Can't seem to find the time? Now you have a fast and easy way to get started. Aetna and MinuteClinic, the walk-in medical clinic inside select CVS/pharmacy locations, have come together to bring wellness services to you — right in your own neighborhood.

Trying to quit smoking? Concerned with your weight? Interested in understanding your health screening numbers? It's easy to get the answers.

Follow these steps:

1. Visit your neighborhood MinuteClinic.
2. Bring this flyer with you when you meet with a MinuteClinic clinician.
3. Show your Aetna medical ID card.
4. Choose from the following services:
 - Smoking/tobacco use coaching
 - Weight management coaching
 - Health screening results counseling (for screenings performed at MinuteClinic)

Your Aetna medical plan's preventive benefits cover these wellness services. If you have questions about your coverage, please call the toll-free number on your member ID card.

MinuteClinic clinicians will work one-to-one with you to help you reach your goals. It's personal and confidential. The details about your sessions will stay private. If you like, MinuteClinic can send your doctor a copy of your records to keep everyone up to date.

Wellness services close to home — on your schedule

Visit your neighborhood MinuteClinic when you can. It's open seven days a week, including evenings and weekends. You don't need an appointment. Just walk in. Meet with a MinuteClinic clinician on your schedule. Go online to find a location near you. Visit www.minuteclinic.com. Or, call the MinuteClinic call center at **1-866-389-ASAP (2727)** for clinic locations and current wait times.

We understand. Your time is valuable. So is your health. We make it easy for you to meet with a MinuteClinic clinician and take another step along your path to wellness. It's right in your own neighborhood.

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